



7-DAY INTUITIVE TAROT CHALLENGE

DAY 1

Trusting Your Intuition

Meet the card before the guidebook.

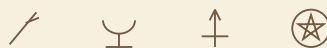


Practice before certainty

Intuition often arrives quietly: a detail catches your eye, a feeling rises, or a sentence appears before you know why. Day One asks you to record that first response, then return to the image for evidence. The goal is not to guess the official meaning. It is to notice how your mind and the card begin a conversation.

Today's practice

- 1 Look before interpreting.
- 2 Record the first response.
- 3 Let the card speak through image and story.
- 4 Compare intuition with tradition.



Created for [TarotStudies.blog](https://tarotstudies.blog) | Misti Hight (MLH)



The First Response



Give yourself thirty quiet seconds with the image.

CARD

DECK

DATE

UPRIGHT / REVERSED

Before You Name the Card

No guidebook yet

What caught my attention first?

What feeling, physical response, memory, or atmosphere appeared?

Without Overthinking

The first three words, fragments, or images that came to mind:

If I had to name the energy of this card in one phrase, I would call it:

What Supports That Impression?

Which colors, figures, expressions, gestures, objects, or background details support my response?



Let the Card Speak



Use dialogue and story to stay with the image.

A Conversation with the Card

If this card could speak, its first sentence would be:

My question for the card:

The card's response:

The Story Around the Image

What happened immediately before this scene?

What may happen next?

What does the central figure, object, or symbol want me to understand?

My Intuitive Narrative

Without using a memorized definition, the story of this card is:



Intuition Meets Tradition

— ○ ◐ ● ◑ —
Compare without grading yourself.

Traditional Foundation

A trusted source describes this card as:

Where did my first response overlap with the traditional meaning?

What did I notice that the guidebook did not emphasize?

What I Learned About My Intuition

How did my interpretation change after looking more closely?

What kind of intuitive signal was easiest for me to recognize today?

The Card in One Sentence

For this moment, this card suggests:

Notice first. Name later. Trust what the image can support.